Marin County Aging and Adult Services

Information & Assistance, (415)-457-INFO, (415) 457-4636 <u>457-info@marincounty.org</u> Monday – Friday, 8:30am – 5pm

Community Resource Guide MarinHHS.org/Resources MarinHHS.org/Aging

Do you need equipment or supplies?

ReCARES, provides free gently used health care equipment, such as walkers, wheelchairs, canes and commodes, and unused medical supplies, such as wound dressings and adult diapers, **Wednesdays 11am-2pm**, 3100 Kerner Blvd, San Rafael, **(415) 388-8198**

LIVE Long LIVE Well

www.Livelonglivewellmarin.org